



BYU FATHERS AND SONS CAMP 2022

May 27-30

****IMPORTANT NOTE**** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

You will be required to verify that you have reviewed the **BYU COVID-19 Management Policy** before checking into camp.

[BYU COVID-19 Management Policy](#)

CHECK-IN

All participants must check-in.

Friday, May 27 2:30 p.m. – 5:30 p.m. [Cannon Center](#) Room 127

- Camp agendas, meal cards, t-shirts, jerseys, and room assignments will be given out during check-in.
- If you are arriving late, please check in at the Cannon Center (Helaman Halls) front desk.
- Parking will be available in the parking lot west of [Helaman Halls](#) and/or north of the [Indoor Practice Facility](#).
- **Important:** If you know that you will be arriving late, please call 801-422-5724 and let us know!

****Please remember that traffic into Utah Valley on Friday evening will be very congested due to Memorial Day weekend travel. In order to arrive at check-in on time, please allow yourself extra time to arrive at BYU.****

CHECK-OUT

Fathers and Sons' Camp ends at 12:00 p.m. on Monday, May 30. All campus housing participants can check out by dropping off their keys in the box across from the resident assistant office at their designated residence hall between 12:00 p.m. and 1:00 p.m. on Monday.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

Friday

2:30 p.m. - 5:30 p.m. Check-in

4:30 p.m. - 6:15 p.m. Dinner

6:30 p.m. Orientation at Smith Field House (Please be on time for orientation)

7:00 p.m. Evening Rotations

10:00 p.m. End of instruction

Saturday

6:30 a.m. - 8:30 a.m. Breakfast and preparation
8:30 a.m. Camp Meeting
9:00 a.m. Morning Rotations
11:30 a.m. Lunch
1:30 p.m. Camp Meeting
2:00 p.m. Afternoon Rotations
5:00 p.m. Shower and rest
6:15 p.m. Dinner and evening entertainment

Sunday

7:00 a.m. - 9:30 a.m. Breakfast at Cannon Center
10:45 a.m. - 12:00 p.m. Sacrament Meeting at Marriot Center
12:00 a.m. Lunch at Cannon Center
2:00 p.m. Free Time
4:30 p.m. Dinner at Cannon Center
7:00 p.m. Fireside at Marriott Center
8:15 p.m. Ice Cream outside Marriott Center
9:00 p.m. Return to Dorms

Monday

6:30 a.m. Breakfast and preparation
8:45 a.m. Morning Rotations
11:20 a.m. Closing ceremony
12:00 p.m. Lunch and check out of residence halls

***** Fathers and sons, remember to be on time for camp meetings! *****

STANDARDS

Youth and Fathers attending Fathers and Sons Camp must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted, except during training or competition (must have sleeved shirt walking on campus, for meals, evening activities, etc.). Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp ([see Honor Code link on the Information Packets page on our Web site](#)).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD AND HOUSING

Camp participants will eat most meals in the all-you-can-eat cafeteria. There is a \$2 replacement cost for lost meal cards. [BYU dress and grooming standards](#) are strictly enforced in the cafeteria; therefore, please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Flip-flops, slippers, swimsuits, and tank tops are not permitted in the cafeteria.

Campus housing participants are lodged Friday through Sunday nights in Helaman Halls. The residence hall room is furnished with linen, bedding, towels, and a pullout drawer for valuables that can be locked (padlock must be provided by the participant). Laundry services are not available. Messages for those staying in campus housing can be left by calling the Sports Camps Office, 801-422-5724.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING TO CAMP

- Non-marking gym shoes
- Clothing for workouts—shorts, t-shirts (no tank tops), athletic socks
- Clothing for free time and in the cafeteria—knee-length shorts, sweats, etc.
- Clothing for Sunday activities – slacks, a nice shirt, tie, etc.
- Toiletries—toothbrush, soap, shampoo, etc .
- Swimsuit—swimming rotation
- Towel
- Sunscreen
- Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- Camera (optional)
- Shoes appropriate for athletic activities

***Note: Write your name clearly on all items you will be bringing to camp.**

Items to leave at home include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash.

CANCELLATIONS AND REFUNDS

If you are attending Fathers and Sons Camp beginning Friday, May 27, refunds will not be given after 5 p.m. Friday, May 6.

To cancel a registration you must email sportscamps@byu.edu with the participant name and camp ID number (confirmation number). Your registration is not canceled until you receive an emailed confirmation of such from our office. If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

INSURANCE

Brigham Young University does not provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp are the responsibility of the family of each camp participant. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2022**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to withhold themselves from participation. Counselors or coaches should be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.



The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).