



# BYU HIGH PERFORMANCE HALF DAY GYMNASTICS CAMP 2022

June 27-July 1, 2022

**\*\*IMPORTANT NOTE\*\*** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

You will be required to verify that you have reviewed the BYU COVID-19 Management Policy before checking into camp. [CLICK HERE TO VIEW THE POLICY](#)

## CHECK-IN

*All participants must check-in.*

Monday, June 27

8:30- 9:00 a.m.

[Smith Fieldhouse Room 149](#)

- Camp agendas will be given out during check-in.
- Orientation begins at 9 a.m. in room 149 of the Smith Fieldhouse.

## PICK-UP

All Compulsory Gymnastics camps end at noon on the last day of camp.

Parents: Please pick up your young athletes on time in 149 Smith Fieldhouse each day. **\*\*Parents must come into the gym and pick up their child, as we do not want to send children out to the parking lot alone and put them in danger.\*\*** We cannot be responsible for children not picked up later than 15 minutes after each camp session has ended. Please be sure to pick them up on time.

## GENERAL SCHEDULE

*A detailed agenda will be provided at check-in.*

High Performance Half Day Gymnastics camps run for 3 hours each day. Camp will begin at 9 a.m. and finish at 12 p.m.

## CAMP STORE 2022

*Times will be the same for both camps.*

MONDAY (06/27)	8:00 a.m. – 9:00 a.m.	CAMP STORE	Located in hallway outside gym (SFH 149)
THURSDAY (06/30)	12:00 p.m. - 1:00 p.m.	CAMP STORE	Located in hallway outside gym (SFH 149)

- Cash and card will be accepted
- Monday morning the Camp Store will be open before and during Check-In
- Thursday (the second to last day of camp) the Camp Store will be open after camp ends for the day. It will not be open on the last day of camp.

## STANDARDS

Youth attending Compulsory Gymnastics camp must maintain BYU standards. Included in these high standards of honor are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in

dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp ([see Honor Code link on the Information Packets page on our Web site](#)).

***Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.***

## FOOD

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There will be a daily popsicle break. It is recommended that all participants eat before arriving at camp each day. Water will be provided; however, all campers are encouraged to bring a water bottle.

## SECURITY RULES

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Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a coach, or other camp staff member).

## CHECKLIST OF ITEMS TO BRING TO CAMP

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- ☐ Clothing for workouts—shorts, T-shirts, athletic socks
- ☐ Sunscreen
- ☐ Water bottle

**\*Note: Write your name clearly on all items you will be bringing to camp.**

**Items to leave at home** include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets or animals of any kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall.

## CANCELATIONS AND REFUNDS

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Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$15 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 14 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a camp beginning July 20, refunds will not be given after 5 p.m. on July 6.

To cancel a registration you must send an email [sportscamps@byu.edu](mailto:sportscamps@byu.edu) with the participant name and camp ID number (confirmation number). Your registration is not canceled until you receive an emailed confirmation from our office. If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

## INSURANCE

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Brigham Young University does not provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp are the responsibility of the family of each camp participant. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2022**.

## ILLNESSES AND INJURIES

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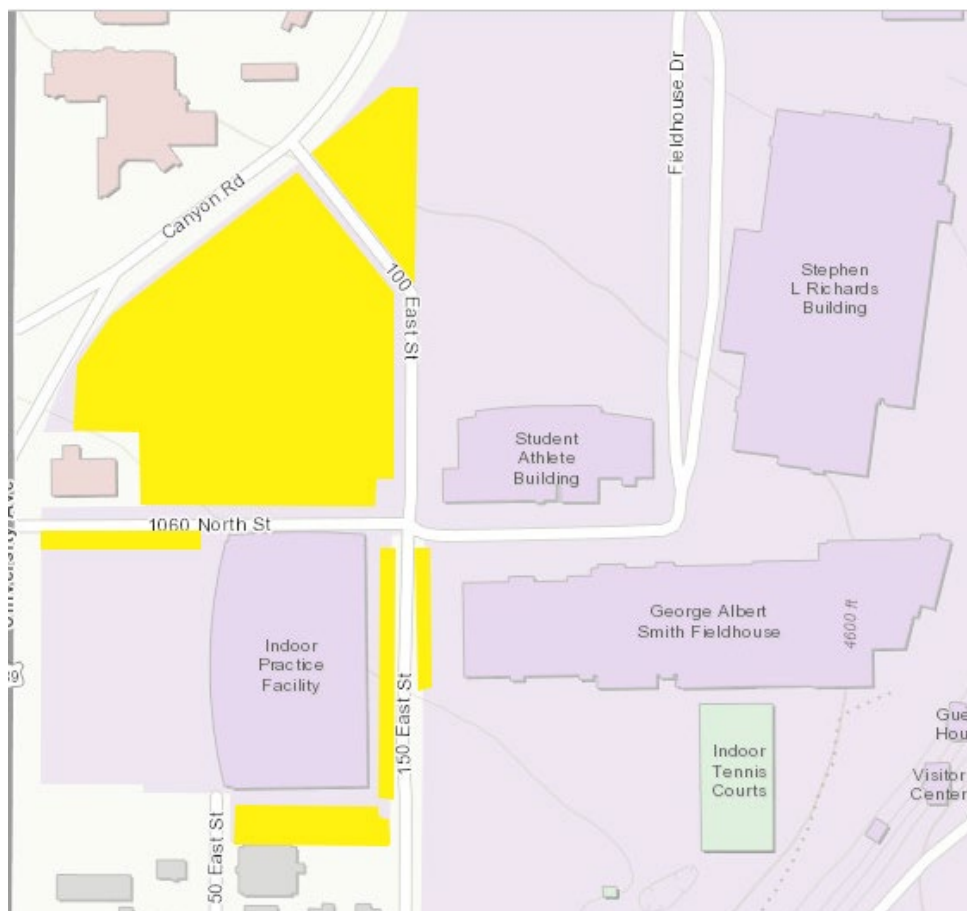
For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

## PARKING

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If you would like to watch your son or daughter during camp, you can park in any of the yellow designated areas below



The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).

