



BYU #GIRLDad 2022

August 5-7

****IMPORTANT NOTE**** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

CHECK-IN

All participants must check-in.

Friday, August 5:

4:00-5:45

Smith Fieldhouse Annex

- Camp agendas, meal cards, t-shirts and jerseys will be given out during check-in.
- Parking will be available in the parking lot north of the [Indoor Practice Facility](#).
- **Important: If you know that you will be arriving late, please call 801-422-5724 and let us know!**

CHECK-OUT

#GirlDAD Camp ends at 2:00 p.m. on Sunday, August 7. There is no housing provided for this camp. At the end of each night and after the last activity on Sunday, participants are free to leave.

GENERAL SCHEDULE

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

Friday, August 5

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|-------------------|---|
| 4:00-5:45 | Check-in at Smith Fieldhouse Annex |
| 4:00-5:45 | Dinner @ Smith Fieldhouse Annex |
| 6:00 p.m. | Orientation at Smith Field House (Please be on time for orientation) |
| 6:30 p.m. | Evening Rotations |
| 10:00 p.m. | End of day |

Saturday, August 6

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|------------------|---|
| | Breakfast on your own |
| 8:30-9:00 a.m. | Camp Meeting |
| 9:00 a.m. | Morning Rotations |
| 12:20-1:40 | Lunch |
| 1:40 | Afternoon Rotations |
| 4:20 - 5:00 p.m. | Awards/ Close of Stations/ Acai bowls @ SFH Blue Seats |
| 6:30 p.m. | Dinner/ Magleby's @ Marriot Center Concourse |
| 7:00-8:00 p.m. | Dance @ Marriot Center Annex |

Sunday, August 7

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|------------------------|--|
| | Breakfast on your own |
| 9:30 a.m. - 10:00 p.m. | Optional Music and the Spoken Word @ Marriott Center |
| 10:15 a.m. | Sacrament Meeting @ Marriott Center |
| 11:30 a.m. | Lunch |
| 1:00 p.m. | Fireside @ Marriott Center |
| 1:45 p.m. | Highlight Film |
| 2:00-2:30 pm | Closing Remarks / Ice Cream @ Southside Marriott Center |

***** Fathers and daughters, remember to be on time for camp meetings! *****

STANDARDS

Youth and Fathers attending the #GirlDAD camp must maintain BYU standards. Included in these high standards of honor

are integrity; respectful language; morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress. All hairstyles should be clean and neat. Extreme hairstyles are unacceptable. Athletic shorts are acceptable only in the PE areas; shorts worn in other areas must be knee-length. No sleeveless shirts or tank tops are permitted, except during training or competition (must have sleeved shirt walking on campus, for meals, evening activities, etc.). Dress and grooming standards are **strictly** enforced on campus. Failure to comply with these standards may result in a request to make appropriate changes and/or dismissal from camp ([see Honor Code link on the Information Packets page on our Web site](#)).

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD AND HOUSING

Camp participants will eat most meals in the all-you-can-eat cafeteria. There is a \$2 replacement cost for lost meal cards. [BYU dress and grooming standards](#) are strictly enforced in the cafeteria; therefore, please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Flip-flops, slippers, swimsuits, and tank tops are not permitted in the cafeteria.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING TO CAMP

- ☐ Non-marking gym shoes
- ☐ Clothing for workouts—shorts, t-shirts (no tank tops), athletic socks
- ☐ Clothing for free time and in the cafeteria—knee-length shorts, sweats, etc.
- ☐ Clothing for Sunday activities – slacks, a nice shirt, tie, etc.
- ☐ Swimsuit and towel
- ☐ Sunscreen
- ☐ Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- ☐ Camera (optional)
- ☐ Shoes appropriate for athletic activities

***Note: Write your name clearly on all items you will be bringing to camp.**

Items to leave at home include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash.

CANCELLATIONS AND REFUNDS

If you are #GirlDad beginning Friday, August 5, refunds will not be given after 5 p.m. Friday, July 22.

To cancel a registration, you must email sportscamps@byu.edu with the participant's name and camp ID number (confirmation number). Your registration is not canceled until you receive an emailed confirmation of such from our office. If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

INSURANCE

Brigham Young University does not provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp are the responsibility of the family of each camp participant. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2022**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).

