



Information Packet 2023 August 4-6

****IMPORTANT NOTE**** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

CHECK-IN

All participants must check-in.

Friday, August 4

4:00-5:45 p.m.

Smith Fieldhouse Annex

- Camp agendas, meal cards, t-shirts and jerseys will be given out during check-in.
- **Important: If you will be arriving late, please call 801-422-5724 and let us know!**

CHECK-OUT

#GIRLDAD Camp ends at 2:00 p.m. on Sunday, August 6. There is no housing provided for this camp. At the end of each night and after the last activity on Sunday, participants are free to leave.

STANDARDS

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

Friday, August 5

4:00-5:45	Check-in at Smith Fieldhouse Annex
4:00-5:45	Dinner @ Smith Fieldhouse Annex
6:00 p.m.	Orientation at Smith Field House (Please be on time for orientation)
6:30 p.m.	Evening Rotations
10:00 p.m.	End of day

Saturday, August 6

Breakfast on your own	
8:30-9:00 a.m.	Camp Meeting
9:00 a.m.	Morning Rotations
12:20-1:40	Lunch
1:40	Afternoon Rotations
4:20 - 5:00 p.m.	Awards/ Close of Stations/ Acai bowls @ SFH Blue Seats
6:30 p.m.	Dinner/ Magleby's @ Marriot Center Concourse

7:00-8:00 p.m. Dance @ **Marriot Center Annex**

Sunday, August 7

Breakfast on your own

9:30 a.m. Optional Music and the Spoken Word @ **Marriott Center**

10:15 a.m. Sacrament Meeting @ **Marriott Center**

11:30 a.m. Lunch

1:00 p.m. Fireside @ **Marriott Center**

1:45 p.m. Highlight Film

2:00-2:30 pm Closing Remarks / Ice Cream @ **South side Marriott Center**

***** Fathers and daughters, remember to be on time for camp meetings! *****

STANDARDS

Participants attending BYU Sports Camps must maintain the standards of Brigham Young University (i.e., high standards of honor, integrity, language, and morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress). A clean and well-groomed appearance should be maintained. Sport-appropriate performance attire is acceptable during training and practice sessions; tanks/shirts must be worn at all times, including over sports bras. Dress standards such as knee-length shorts and shirts with sleeves are enforced in other areas of campus and camp participants should be prepared to change into the appropriate attire as required.

The following are the responsibilities of each participant: Maintain respectful attitudes toward coaches, counselors, and all other individuals; demonstrate proper use of university equipment and facilities; attend camp sessions and activities; follow instructions; respect curfews; dress modestly; refrain from vulgar and profane language; and come prepared to observe the BYU Honor Code.

While cell phones are permitted at camp, participants are required to be respectful in their use of cell phones. Phones should not be used during practice or other inappropriate times. Participants must respect the privacy of others, including being courteous while taking photos and videos. Capturing photos and videos in restrooms, locker rooms, or other changing areas is prohibited. Failure to comply with these policies and to be respectful of the privacy of others will result in dismissal from the camp.

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

FOOD AND HOUSING

Camp participants will eat most meals in the all-you-can-eat cafeteria. There is a \$2 replacement cost for lost meal cards. [BYU dress and grooming standards](#) are strictly enforced in the cafeteria; therefore, please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Flip-flops, slippers, swimsuits, and tank tops are not permitted in the cafeteria.

SECURITY RULES

Participants should be aware of the following rules and precautions:

- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

CHECKLIST OF ITEMS TO BRING TO CAMP

- ☐ Non-marking gym shoes
- ☐ Clothing for workouts—shorts, t-shirts (no tank tops), athletic socks
- ☐ Clothing for free time and in the cafeteria—knee-length shorts, sweats, etc.
- ☐ Clothing for Sunday activities – slacks, a nice shirt, tie, etc.
- ☐ Swimsuit and towel
- ☐ Sunscreen
- ☐ Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- ☐ Camera (optional)
- ☐ Shoes appropriate for athletic activities

***Note: Write your name clearly on all items you will be bringing to camp.**

Items to leave at home include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash.

CANCELLATIONS AND REFUNDS

Refunds will not be given after 5 p.m. Friday, July 21, 2023. Cancellation requests made prior to this date can be canceled with a \$35 cancellation fee for each registration.

To cancel a registration, you must email sportscamps@byu.edu with the participant's name and camp ID number (confirmation number). Your registration is not canceled until you receive an emailed confirmation of such from our office. If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

INSURANCE

Brigham Young University does not provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp are the responsibility of the family of each camp participant. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2022**.

ILLNESSES AND INJURIES

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

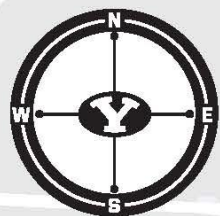
The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).



BRIGHAM YOUNG UNIVERSITY
SPORTS CAMPS



OctoHealth



• PARKING

Canyon Road (150 East)

Stadium Ave

University Parkway (1850 North)

University Avenue

Canyon Road (150 East)

450 East

North Campus Drive

Bulldog Blvd. (1220 North)

University Avenue

West Campus Drive

East Campus Drive

Heritage Drive

1000 North

900 North

820 North

800 North

South Campus Drive

100 East

300 East

700 East

900 East

100 East

BRIGHAM YOUNG UNIVERSITY SPORTS CAMPS CAMPUS MAP

- | | |
|---------------------------------|-----------------------------------|
| 1 North University Fields (NUF) | 11 Richards Building (RB) |
| 2 Intramural Fields | 12 RB Fields |
| 3 Lavell Edwards Stadium | 13 Smith Fieldhouse |
| 4 Helaman Fields | 14 Indoor Tennis Courts |
| 5 Track | 15 South Field |
| 6 Miller Park | 16 Tennis Courts |
| 7 Marriott Center | 17 Indoor Practice Facility (IPF) |
| 8 Marriott Center Annex | 18 Haws Fields |
| 9 Cougar Fields | 19 Provo High Fields & Courts |
| 10 Tanner Building (TNRB) | 20 Helaman Halls |

