



# GIRLS BASKETBALL CAMP

## BYU GIRLS BASKETBALL CAMP 2023

June 15-17

**\*\*IMPORTANT NOTE\*\*** Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

### CHECK-IN

*All participants must check-in.*

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**Thursday, June 15    8:30 a.m. to 10:00 a.m.    Southeast Corner of Lavell Edwards Stadium**

- Camp agendas, meal cards, and room assignments will be given out during check-in.
- **Orientation begins at 10:00 a.m. at the [Smith Fieldhouse](#) blue seats.**
- Participants staying in campus housing should check in to the residence hall before orientation.
- After 10:00 AM participants should go to the [Cannon Center](#) (CANC) front desk to check-in.

### CHECK-OUT

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Camp ends at 4:30 p.m. on Saturday for Camp 1. Campus housing participants should check out with a counselor Saturday at Helaman Halls between 4:30 and 5:30 p.m.

**Parents:** After check-out time on the last day of camp, participants will not be required to have special permission to leave campus. Please make arrangements to pick up your athletes on time. You can pick up your child at the Smith Fieldhouse at 4:30 p.m. if they do not need to check out of their dorm room.

### GENERAL SCHEDULE

*A detailed agenda will be provided at check-in.*

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A general agenda for the week, **except the first and last day of camp**, is as follows:

7:30 a.m.	Breakfast and preparation (campus housing participants)
9:00 a.m.	Roll call and morning workouts (camp starts for all participants)
12:00 p.m.	Lunch
1:00 p.m.	Roll call and afternoon workouts
4:00 p.m.	Dinner
6:00 p.m.	Roll call and evening games (rotating tournaments)
8:00 p.m.	End of practice; end of day for non-housing participants*



remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Flip-flops, slippers, swimsuits, and tank tops are not permitted in the cafeteria.

Campus housing participants are lodged Monday through Wednesday nights in [Helaman Halls](#). Campus housing participants who must stay due to travel arrangements may stay in the residence halls Thursday night and check out by 9:00 a.m. on Friday. Meals on Thursday night and Friday morning are at the participant's expense. The residence hall room is furnished with linen, bedding, towels, and a pullout drawer for valuables that can be locked (padlock must be provided by the participant). Laundry facilities are not available.

## SECURITY RULES

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Participants should be aware of the following rules and precautions:

- Do not bring a large sum of money or expensive items to camp.
- Do not leave equipment unattended, except in designated secure locations.
- Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

**Brigham Young University is not responsible for lost or stolen items.**

## CHECKLIST OF ITEMS TO BRING TO CAMP

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- ☐ Non-marking gym shoes
- ☐ Clothing for workouts—shorts, T-shirts, athletic socks
- ☐ Clothing for free time and in the cafeteria—knee-length shorts, sweats, etc.
- ☐ Swimsuit for Seven Peaks Water Park
- ☐ Toiletries—toothbrush, soap, shampoo, etc.
- ☐ Towel
- ☐ Sunscreen
- ☐ Emergency phone numbers
- ☐ Information on past injuries for trainers
- ☐ Alarm clock (campus housing participants)
- ☐ Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- ☐ Water bottle
- ☐ Padlock for valuables drawer (campus housing participants)
- ☐ Camera (optional)

**\*Note: Write your name clearly on all items you will be bringing to camp.**

**Items to leave at home** include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets or animals of any kind. These items are inappropriate to bring to camp.

and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash. Cell phones and iPods are acceptable but must remain in your residence hall.

## **CANCELATIONS AND REFUNDS**

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Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$35 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 14 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a camp beginning June 1st, refunds will not be given after 5 p.m. on May 18th.

To cancel a registration you must send an email [sportscamps@byu.edu](mailto:sportscamps@byu.edu) with the participant name and camp ID number (confirmation number). Your registration is not canceled until you receive an emailed confirmation from our office. If a program is canceled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies or other institutions.

## **INSURANCE**

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Brigham Young University does not provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp are the responsibility of the family of each camp participant. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31, 2022**.

## **ILLNESSES AND INJURIES**

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For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

**The information listed above is camp specific. For general information regarding camp policies and guidelines [click here](#).**



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# CAMPUS MAP

- |                                 |                                   |
|---------------------------------|-----------------------------------|
| 1 North University Fields (NUF) | 11 Richards Building (RB)         |
| 2 Intramural Fields             | 12 RB Fields                      |
| 3 Lavell Edwards Stadium        | 13 Smith Fieldhouses              |
| 4 Helaman Fields                | 14 Indoor Tennis Courts           |
| 5 Track                         | 15 South Field                    |
| 6 Miller Park                   | 16 Tennis Courts                  |
| 7 Marriott Center               | 17 Indoor Practice Facility (IPF) |
| 8 Marriott Center Annex         | 18 Haws Fields                    |
| 9 Cougar Fields                 | 19 Provo High Fields & Courts     |
| 10 Tanner Building (TNRB)       | 20 Helaman Halls                  |

