

# Information Packet 2024 July 26-28

\*\*IMPORTANT NOTE\*\* Participants and parents, please check the information packet again one week before camp begins for updates on your camp, particularly for check-in locations and times.

CHECK-IN All participants must check-in.

Friday, July 26 4:00-5:45 p.m. Smith Fieldhouse Annex

- > Camp agendas, meal cards, t-shirts and jerseys will be given out during check-in.
- > Important: If you will be arriving late, please email sportscamps@byu.edu and let us know!

## **CHECK-OUT**

#GirlDAD Camp ends at 2:00 p.m. on Sunday, July 28. There is no housing provided for this camp. At the end of each night and after the last activity on Sunday, participants are free to leave.

**STANDARDS** 

A detailed agenda will be provided at check-in.

A general agenda for the week is as follows:

# Friday, July 26

4:00-5:45 Check-in at **Smith Fieldhouse Annex** 4:00-5:45 Dinner @ Smith Fieldhouse Annex

6:00 p.m. Orientation at Smith Field House (Please be on time for orientation)

6:30 p.m. Evening Rotations

10:00 p.m. End of day

## Saturday, July 27

Breakfast on your own

8:30-9:00 a.m. Camp Meeting 9:00 a.m. Morning Rotations

12:20-1:40 Lunch

1:40 Afternoon Rotations

4:20 - 5:00 p.m. Awards/ Close of Stations/ Acai bowls @ SFH Blue Seats

6:30 p.m. Dinner/ Magleby's @ Marriot Center Concourse

7:00-8:00 p.m. Dance @ Marriot Center Annex

# Sunday, July 28

Breakfast on your own

9:30 a.m. Optional Music and the Spoken Word @ Marriott Center

10:15 a.m. Sacrament Meeting @ Marriott Center

11:30 a.m. Lunch

1:00 p.m. Fireside @ Marriott Center

1:45 p.m. Highlight Film

2:00-2:30 pm Closing Remarks / Ice Cream @ South side Marriott Center

\*\*\* Fathers and daughters, remember to be on time for camp meetings! \*\*\*

#### **STANDARDS**

Participants attending BYU Sports Camps must maintain the standards of Brigham Young University (i.e., high standards of honor, integrity, language, and morality; abstinence from tobacco, alcohol, coffee, tea, and harmful drugs; and modesty in dress). A clean and well-groomed appearance should be maintained. Sport-appropriate performance attire is acceptable during training and practice sessions; tanks/shirts must be worn at all times, including over sports bras. Dress standards such as knee-length shorts and shirts with sleeves are enforced in other areas of campus and camp participants should be prepared to change into the appropriate attire as required.

The following are the responsibilities of each participant: Maintain respectful attitudes toward coaches, counselors, and all other individuals; demonstrate proper use of university equipment and facilities; attend camp sessions and activities; follow instructions; respect curfews; dress modestly; refrain from vulgar and profane language; and come prepared to observe the BYU Honor Code.

While cell phones are permitted at camp, participants are required to be respectful in their use of cell phones. Phones should not be used during practice or other inappropriate times. Participants must respect the privacy of others, including being courteous while taking photos and videos. Capturing photos and videos in restrooms, locker rooms, or other changing areas is prohibited. Failure to comply with these policies and to be respectful of the privacy of others will result in dismissal from the camp.

Due to safety and liability concerns, any participant found in or entering campus construction areas will be subject to immediate dismissal.

## **FOOD AND HOUSING**

Camp participants will eat most meals in the all-you-can-eat cafeteria. There is a \$2 replacement cost for lost meal cards. BYU dress and grooming standards are strictly enforced in the cafeteria; therefore,

please remember to bring pants, sweats, or knee-length shorts to wear at mealtimes. Flip-flops, slippers, swimsuits, and tank tops are not permitted in the cafeteria.

#### **SECURITY RULES**

Participants should be aware of the following rules and precautions:

- Do not leave equipment unattended, except in designated secure locations.
- > Do not walk alone on campus or leave campus unattended (without a counselor, coach, or other camp staff member).
- Write your name clearly on all items you will be bringing to camp.

Brigham Young University is not responsible for lost or stolen items.

#### CHECKLIST OF ITEMS TO BRING TO CAMP

- □ Non-marking gym shoes
- □ Clothing for workouts—shorts, t-shirts (no tank tops), athletic socks
- □ Clothing for free time and in the cafeteria—knee-length shorts, sweats, etc.
- □ Clothing for Sunday activities slacks, a nice shirt, tie, etc.
- Swimsuit and towel
- Sunscreen
- □ Spending money (optional) for snacks, souvenirs, prescriptions, etc.
- □ Camera (optional)
- Shoes appropriate for athletic activities

Items to leave at home include in-line skates, skateboards, hover boards, water guns, water balloons, fireworks, other explosive/flammable materials, incense, candles, any type of open flame, firearms, pellet guns, BB and paint guns, wrist rockets, slingshots, bows and arrows, knives, swords (including decorative weapons), and pets and animals of any kind. These items are inappropriate to bring to camp and will be confiscated. We also discourage you from bringing media devices, laptops, expensive items, and excessive cash.

#### **CANCELLATIONS AND REFUNDS**

To cancel a registration, you may self-cancel by logging into your Active account. You may also email our office at sportscamps@byu.edu. Your registration is not cancelled until you receive an email confirmation. If a program is cancelled, a full refund will be given. Brigham Young University cannot be held responsible for any change or cancellation charges required by airlines, travel agencies, or other institutions.

<sup>\*</sup>Note: Write your name clearly on all items you will be bringing to camp.

Only a participant and his or her parents have authority to request a refund. Full refunds, minus the \$35 nonrefundable portion of camp tuition, will be given on all cancellations requested by 5 p.m. 14 days before the camp begins. No refunds will be given after this deadline. For example, if you are attending a Basketball Camp beginning Monday, June 15th, refunds will not be given after 5 p.m. Monday, June 1st.

## **INSURANCE**

Brigham Young University does not provide medical insurance for sports camps participants. Medical expenses incurred as a result of participating in a BYU sports camp are the responsibility of the family of each camp participant. Participants must carry primary insurance during camp or be self-insured. Expenses for treatment paid by BYU must be reimbursed to the university no later than **August 31**, **2024**.

## **ILLNESSES AND INJURIES**

For minor illnesses, participants may choose to remain at home. Counselors or coaches must be notified in such cases. If medical treatment for a participant is deemed necessary, Brigham Young University will attempt to contact the parent or guardian. In the event the parent/guardian cannot be timely reached, the participant may be transported off-site to receive medical treatment.

Experienced athletic trainers will be on hand to treat injuries that may occur during workouts. For serious injuries, participants may be taken to the Utah Valley Regional Medical Center. Athletes are encouraged to begin strength, flexibility, and nutritional training prior to camp to minimize the risk of injury during camp. It is the camp participant's responsibility to follow the trainers' instructions.

The information listed above is camp specific. For general information regarding camp policies and guidelines click here.





